

**Pasadena City College
Student Health Services
Community Referrals**

Los Angeles County Human Services (24/7): Dial 211
Information specialists who will provide you with medical,
mental health and social services agencies in your area.
<http://www.211la.org>

Poison Control Hotline (24/7):
1-800-222-1222

National Suicide Hotline (24/7):
1-800-784-2433 or 1-800-273-8255
TTY:1-800-799-4889

Veterans Support:
1-888-777-4443 (9am-9pm PST Daily)
www.nvf.org
Vet2Vet (Veteran's Crisis Hotline):
1-877-838-2838 (24/7)

Public Health Departments:
Visit <http://ph.lacounty.gov/>
to locate one in your residential area

**Huntington Memorial Hospital
Physician Referral line:**
1-800-903-9233
Computerized referral service to physicians is available 24
hrs. This service can also give up-to-date information on
medical or dental physicians who accept Medi-Cal.

No/Low Cost Medical Agencies for San Gabriel Valley (Please note: PCC provides this list without endorsement of agencies. Costs subject to change):

<u>CLINIC</u>	<u>ADDRESS</u>	<u>PHONE NUMBER</u>	<u>COSTS</u>	<u>OTHER SERVICES AVAILABLE</u>
All-Inclusive Community Health Center http://www.aichc.org	1311 N. San Fernando Blvd. Burbank, CA 91504	818-843-9900	Most insurance accepted, sliding fee scale.	General medicine and family practice, immunizations, women's health
Arroyo Vista Family Health Center http://www.arroyovista.org <i>Multiple locations, visit website for others</i>	6000 N. Figueroa St. Los Angeles, CA 90042	323-254-5291	Bring ID, proof of address & paycheck stub.	Physicals, optometry and dental services by appointments.
Asian Pacific Health Care Venture http://www.aphcv.org <i>Multiple locations, visit website for others</i>	1530 Hillhurst Ave. #200 Los Angeles, CA 90027	323-644-3888	Discounted/varies Medi-Cal, Medicare & multiple plans accepted.	Primary care, STD/HIV testing. Women's health & pediatrics. Youth clinic less than 24 years of age.
Bill Moore Community Health Clinic (URDC)	1460 N. Lake Ave. Suite 107 Pasadena, CA 91114	626-398-3796 (press # 3)	Physicals at low cost. Straight Medi-Cal accepted.	Physicals, STD testing, and family medicine practice.
Buddhist Tzu-Chi Free Clinic http://tinyurl.com/tzuchiclinics	1000 S. Garfield Ave. Alhambra, CA 91801	626-281-3383 Appointments	Must bring financial information to qualify.	Primary care, optometry and dental services available.
ChapCare Clinics Mon.-Sat. appointments recommended http://chapcare.org	Pasadena clinics: 1855 N. Fair Oaks, 2 nd Floor 3160 Del Mar Blvd. 1800 Lake Ave.	1-800-775-9322	Sliding Fee Scale	Preventive primary care, pediatrics, family planning, prenatal, dental and mental health services.
Cleaver Family Wellness Clinic	4368 Santa Anita Ave. El Monte, CA 91731	626-579-0290	Medi-Cal accepted.	General medicine and family practice, physical exams, gynecological exams, nutrition/health education, and lab services.
Los Angeles LGBT Center www.laglc.org	1625 N. Schrader Blvd Los Angeles, CA 90028	323-993-7400		STD/HIV testing and preventative health and health education services.
Huntington Ambulatory Care	711 Fairmount Ave. Pasadena, CA 91105	626-397-5600 (Appointments) 626-397-5485 (Nurse-on-call)	Medicare, Medi-Cal, or Self pay. No HMO accepted.	Multiple specialties available. (Arthritis, B/P, Cardiology, Dermatology, Diabetic, EMG, Endocrine, GI, GYN, HIV, Medical Evaluation, Mental Health, Neurology, Oncology, Orthopedic, Pulmonary, Renal, & Surgical)
LA County-USC Healthcare Network (Utilization Mgmt. Fax 323-226-2847) Call for an appointment.	2051 Marengo Street Los Angeles, CA 90033	323-226-2622		Emergency Room: 24 /7 Clinic Hours: Mon-Sat 8 am-8 pm Urgent Care; Mon-Sat 8am-8pm
Saban Community Clinic http://www.thesabanfreeclinic.org	8405 Beverly Blvd. 6043 Hollywood Blvd. 5205 Melrose Ave.	323-653-1990 Appointments	Low cost: must bring proof of income, LA county address	HIV & STD testing, PAP, Birth Control, and Psychological Services, Women's wellness clinic. Pharmacy on site.
Minute Clinic (Inside CVS- local clinics include Montrose, Arcadia, & Burbank)	www.minuteclinic.com to locate one near you		Most insurance accepted.	Physicals, minor illness and injuries, immunizations, wellness and prevention.

Urgent Care Medical Clinics (Please note: PCC provides this list without endorsement of agencies. Costs subject to change):

<u>CLINIC</u>	<u>ADDRESS</u>	<u>PHONE NUMBER</u>	<u>COSTS</u>	<u>OTHER SERVICES AVAILABLE</u>
Healthcare Partners- 24 hours	797 S. Fair Oaks Avenue Pasadena, CA 91105	626-795-2244	Most insurance accepted	Urgent care, family practice and general medicine.
Magan Medical Clinic-Urgent Care Hours M-F: 8am-8pm, weekends & holidays: 9am-5pm	420 W. Rowland St. Covina, CA 91723	626-331-6411 626-251-1400 (Urgent Care)	Most insurance accepted	Urgent care, family practice and general medicine.
Pasadena Community Urgent Care Center (Open 7 days a week, 7am-10pm) operated by the Huntington Medical Foundation	3160 East Del Mar Bl. Pasadena, CA 91107	626-270-2400	Most insurance accepted	Urgent care, family practice and general medicine.
Verdugo Hills Medical Associates	544 North Glendale Avenue Glendale, California 91206	818-241-4331	Most insurance accepted	Urgent care, primary care and occupational health.

Emergency Services:

<u>HOSPITAL</u>	<u>ADDRESS</u>	<u>PHONE NUMBER</u>	<u>HOSPITAL</u>	<u>ADDRESS</u>	<u>PHONE NUMBER</u>
Garfield Medical Center	525 N. Garfield Ave. Monterey Park, CA 91754	626-573-2222	Methodist Hospital	300 W. Huntington Dr. Arcadia, CA 91007	626-898-8000
Huntington Hospital	100 West California Blvd Pasadena, CA 91105	626-397-5000	Olive View Medical Center	14445 Olive View Drive Sylmar, CA 91342	818-364-1555
LAC-USC Medical Center	2051 Marengo Street Los Angeles, CA 90033	323-409-1000	San Gabriel Valley Medical Center	438 West Las Tunas Dr. San Gabriel, CA 91776	626-289-5454
White Memorial Medical Center	1720 Cesar Chavez Ave. Los Angeles, CA 9003	323-268-5000			

Psychiatric Urgent Care Centers:

<u>MENTAL HEALTH RESOURCES:</u>	<u>PHONE NUMBER</u>	<u>ADDRESS</u>	<u>SERVICES AVAILABLE</u>
Exodus Recovery Centers Eastside Urgent Care Center	323-276-6400	1920 Marengo Street Los Angeles, CA 90033	"The Exodus Recovery 23-hour Psychiatric Urgent Care Center is a welcoming environment where individuals in crisis can be assessed for stabilization services, medication evaluation and management, or hospitalization if necessary. The Urgent Care Center is open and available 24 hours per day, 365 days per year, on a walk-in basis. " -from Exodus website: http://www.exodusrecoveryinc.com/L.A.html
Mental Health Urgent Care Center at MLK Medical Center by Exodus (psychiatric urgent care)	Intake: 800-829-3923 MLK Urgent Care Center: 562-295-4617 MLK Integrated Clinic: 562-295-5916	12021 South Wilmington Ave. Los Angeles, CA 90059	

Domestic Violence Resources:

<u>DOMESTIC VIOLENCE</u>	<u>PHONE NUMBER</u>	<u>DOMESTIC VIOLENCE</u>	<u>PHONE NUMBER</u>
Domestic Violence Crisis Line	800-548-2722	Pasadena Police-ask for HOPE Unit (For Pasadena residents only who have potential or real violence)	626-744-4501 800-854-7771 (Other residents)
Peace Over Violence (Los Angeles Commission on Assaults Against Women)	626-584-6191 626-793-3385 (24 hour hotline)	Pasadena YWCA Rape Hotline	626-793-3385
Project Sister (Sexual assault crisis intervention & counseling services)	929-626-4357 (24 hrs/7days helpline)		

Mental Health Resources (For more resource, please see our Mental Health & Substance Use/Abuse Referrals form):

<u>MENTAL HEALTH RESOURCES:</u>	<u>PHONE NUMBER</u>	<u>MENTAL HEALTH RESOURCES:</u>	<u>PHONE NUMBER</u>
National Suicide Prevention Lifeline (This lifeline is FREE, confidential, and always available. HELP a loved one, a friend, or yourself.)	800-273-8255 www.suicidepreventionlifeline.org	Didi Hirsch Suicide Prevention Center Crisis Line	877-727-4747 www.didihirsch.org
Each Mind Matters/Reachout	800-448-3000 www.eachmindmatters.org	Trevor Lifeline (LGBTQ crisis & suicide support 24/7)	866-488-7386 Text "Trevor" to 1-202-304-1200 www.thetrevorproject.org
Your Life Your Voice (crisis line) Connect with counselors thru text (4pm-10pm Pacific time)	Text "VOICE" to "20121" (4pm-10pm Pacific time)		