

SARAH TAYLOR BUTCHER

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EDUCATION

Master of Science, Marital and Family Therapy June 2011
Fuller School of Psychology, Pasadena, CA

Bachelor of Arts, Social Science, Cum Laude May 2007
English Minor

Europe & Middle East Study Tour Fall 2005
Westmont College, Santa Barbara, CA

EXPERIENCE

Adjunct Special Service Counselor Jan 2023-Present
Pasadena City College, Pasadena, CA

- Provide brief psychotherapy to diverse student population
- Provide crisis counseling
- Develop and provide outreach presentations as requested
- Provide supervision to practicum therapists
- Provide didactic training as needed

Licensed Marriage and Family Therapist Jun 2019-Present
Michelle Harwell Therapy, Los Angeles, CA

- Provide short and long-term psychotherapy to individuals, families, couples, and children
- Assess current level of client functioning, clinical needs and strengths, determine applicable mental health diagnosis, and develop treatment plan
- Collaborate with other mental health professionals including team psychiatrist for case management and care
- Participate in weekly group consultation and team meetings/didactics
- Complete appropriate paperwork and case documentation for client files
- Complete timely and accurate billing for clients
- Provide crisis management, follow up, and referrals when necessary
- Present to teachers and parents at a local elementary school on topics such as anxiety, supporting social emotional development in peer relationships, and navigating transitions during COVID

Teacher/Mentor Jan 2015-May 2019
Fusion Academy, Pasadena, CA

- Provided one-to-one teaching in high school level courses in Life Skills, English, history, psychology, government, and health that met state-wide objectives
- Modified curriculum to fit individual students' ability levels and learning styles including neurodiverse learners
- Collaborated with other teachers to create interdisciplinary and emotional goals tailored to each student
- Composed daily summaries of sessions and feedback for students' parents
- Researched and compiled campus-specific data to present for Mid-Cycle Review to Self-Study Coordinator for WASC committee

Floortime Coordinator

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Greenhouse Therapy Center, Pasadena CA

Mar 2015-Oct 2016

- Communicated with client families and Floortime specialists about case assignment process
- Matched Floortime specialists with appropriate clients
- Managed Floortime database

Field Supervisor

Greenhouse Therapy Center, Pasadena CA

Nov 2013-Jun 2015

- Supervised Floortime specialists by providing verbal and written feedback after observing in-home sessions
- Helped Floortime specialists implement specific DIR Floortime interventions using a complex conceptualization of co-occurring diagnoses, sensory profiles, family systems, and cultural factors
- Met with group of field supervisors to consult regarding techniques, strategies, and growth plans for supervisees

Marriage & Family Therapist Associate

Greenhouse Therapy Center, Pasadena, CA

May 2013-Jun 2015

- Provided in-home developmental play therapy to ethnically, culturally, and socioeconomically diverse families with children aged 3-18 years with autism spectrum disorders and developmental challenges
- Coached parents on the method developed by Stanley Greenspan called DIR/Floortime
- Provided DIR/Floortime in a group setting
- Composed client notes and semi-annual reports with families and supervisors

Marriage and Family Therapist Associate

July 2012-Dec 2013

Azusa Pacific University Community Counseling Center, Azusa, CA

- Provided short and long-term psychotherapy to individuals (mostly college-aged), families, and children
- Assessed, diagnosed, and completed intakes for all clients
- Developed treatment plans & maintained progress notes for all clients to ensure proper documentation of session
- Provided appropriate referrals for clients

Vocational Discernment Counselor

Sept 2011-June 2013

Fuller Theological Seminary, Pasadena, CA

- Led and managed vocational discernment groups for students
- Organized retreats
- Led cultural formation groups for students
- Met with individual students for career counseling
- Led MBTI career development workshops

Marriage and Family Therapist Trainee

Holy Family Grade School, Glendale, CA

Nov 2010-June 2011

- Provided psychotherapy to children from kindergarten through 8th grade
- Consulted with teachers, school administration, and children's families to provide a successful learning environment for individual students
- Educated teachers about uses of counseling for student development

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Marriage and Family Therapist Trainee

Fuller Psychological & Family Services, Pasadena, CA May 2010-June 2011

- Provided psychotherapy to individuals, families, and children
- Co-facilitated Anger Management Groups
- Composed case notes, assessment intakes, and case closure for clients

Career Resources Coordinator

Nov 2009-July 2011

Fuller Theological Seminary, Pasadena, CA

- Directed students to appropriate information and resources for career development
- Contacted employers and managed job listings for online posting
- Managed career resource library

Program Assistant II

Aug 2007-Aug 2009

Fred Hutchinson Cancer Research Center, Seattle, WA

- Managed the Cancer Policy Affinity group for cancer research professionals
- Communicated with study participants about research survey involvement
- Coordinated communications between medical research groups
- Facilitated the editing & submission of medical papers & prepared study materials

Resident Assistant

Aug 2006-May 2007

Westmont College, Santa Barbara, CA

- Planned developmental programming
- Served as consultant, resource person, and referral agent for residents
- Developed and maintained relationships with residents and staff

WORKSHOPS AND SEMINARS

- Led MBTI workshops directed towards professional career development
- Led Models of Vocational Discernment workshop
- Counseled participants in Vocational Discernment Retreat on personal career development

SPECIAL HONORS, AWARDS, MEMBERSHIPS AND CERTIFICATIONS

- Board of Behavioral Sciences, Licensed Marriage and Family Therapist #98891
- Certified in Myers-Briggs Personality Type Indicator
- Intermediate DIR Floortime Provider (Dr. Stanley Greenspan's methodology)
- Westmont Presidential Scholar
- Omicron Delta Kappa member (The National Leadership Honor Society)
- Outstanding Graduating Senior in the Westmont Social Science Major