

**PASADENA CITY COLLEGE
WOMEN'S TRACK AND FIELD
STATE INDIVIDUAL CHAMPIONS (1977-Present)**

FIELD EVENTS

HAMMER THROW

NAME	LENGTH	YEAR
Sarah Goodlaw	149-4	1996

HIGH JUMP

NAME	LENGTH	YEAR
Amber Roberts	5-4	1997

POLE VAULT

NAME	LENGTH	YEAR	
*Elizabeth Heskett	12-2	2001	(current state record)

LONG JUMP, TRIPLE JUMP, SHOT PUT, JAVELIN

NAME	LENGTH	YEAR
No champions		

RUNNING EVENTS

No champions
