### Pasadena City College Student Health Services

## **Community Referrals**

Los Angeles County Human Services (24/7):

Dial 211 Information specialists who will provide you with medical, mental health and social services agencies in your area.

web link: www.211la.org

Poison Control Hotline (24/7): 1-800-222-1222

National Suicide Hotline (24/7): 988 or 1-800-784-2433 or 1-800-273-8255 TTY:1-800-799-4889

Veterans Support: 1-888-777-4443 (9am-9pm PST Daily) web link: www.nvf.org Vet2Vet (Veteran's Crisis Hotline): 1-877-838-2838 (24/7)

Public Health Departments: Visit <u>web link: http://ph.lacounty.gov/</u> to locate one in your residential area

Huntington Memorial Hospital Physician Referral line: 1-800-903-9233 Computerized referral service to physicians is available 24 hrs. This service can also give up-to-date information on medical or dental physicians who accept Medi-Cal.

# <u>No/Low Cost Medical Agencies for San Gabriel Valley (Please note: PCC provides this list without endorsement of agencies. Costs subject to change):</u>

All-Inclusive Community Health Center web link: http://www.aichc.org 1311 N. San Fernando Blvd. Burbank, CA 91504 818-843-9900 Most insurance accepted, sliding fee scale. General medicine and family practice, immunizations, women's health

Asian Pacific Health Care Venture web link: http://www.aphcv.org Multiple locations, visit website for others 1530 Hillhurst Ave. #200 Los Angeles, CA 90027 323-644-3888 Discounted/varies Medi-Cal, Medicare & multiple plans accepted. Primary care, STD/HIV testing. Women's health & pediatrics. Youth clinic less than 24 years of age.

Buddhist Tzu-Chi Free Clinic web link: https://tzuchimedical.us/ 1000 S. Garfield Ave. Alhambra, CA 91801 626-281-3383 Appointments Must bring financial information to qualify. Primary care, optometry and dental services available (limited).

ChapCare Clinics – By AltaMed Mon.-Sat. appointments recommended <u>web link: http://chapcare.org</u> Pasadena clinics: 1855 N. Fair Oaks, 2nd Floor 3703 Peck Road, Suite A-C 1-626-398-6300 Sliding Fee Scale. Preventive primary care, pediatrics, family planning, prenatal, dental and mental health services.

Cleaver Family Wellness Clinic 4368 Santa Anita Ave. El Monte, CA 91731 626-919-4333 Medi-Cal accepted. General medicine and family practice, physical exams, gynecological exams, nutrition/health education, and lab services.

Garfield Health Center web link: https://garfieldhealthcenter.org/ Monterey Park Clinics: 210 N. Garfield Ave. #203 701 S. Atlantic Blvd. #100 626-307-7397 626-300-9980 Most insurance accepted. Medical, dental, and mental health services. Please see website for more details.

Los Angeles LGBT Center web link: https://lalgbtcenter.org/ 1625 N. Schrader Blvd Los Angeles, CA 90028 323-993-7500 STD/HIV testing and preventative health and health education services.

Huntington Ambulatory Care 711 Fairmount Ave. Pasadena, CA 91105 626-397-5600 (Appointments) Medicare, Medi-Cal, or Self pay. No HMO accepted. Multiple specialties available. (Arthritis, B/P, Cardiology, Dermatology, Diabetic, EMG, Endocrine, GI, GYN, HIV, Medical Evaluation, Mental Health, Neurology, Oncology, Orthopedic, Pulmonary, Renal, & Surgical)

LA County-USC Healthcare Network (Utilization Mgmt. Fax 323-226-2847) Call for an appointment. 2020 Zonal Ave, Los Angeles, CA 90089 323-226-2622 Emergency Room: 24 /7 Clinic Hours: Mon-Sat 8 am-8 pm Urgent Care; Mon-Sat 8am-8pm

Saban Community Clinic

web link: https://www.sabancommunityclinic.org/ 8405 Beverly Blvd. 6043 Hollywood Blvd. 5205 Melrose Ave. 323-653-1990 Appointments Low cost: must bring proof of income, LA county address HIV & STD testing, PAP, Birth Control, and Psychological Services, Women's wellness clinic. Pharmacy on site.

Minute Clinic (Inside CVS- local clinics include Montrose, Arcadia, & Burbank) <u>web link: www.minuteclinic.com</u> to locate one near you Most insurance accepted. Physicals, minor illness and injuries, immunizations, wellness and prevention.

## <u>Urgent Care Medical Clinics (Please note: PCC provides this list without endorsement of agencies.</u> <u>Costs subject to change):</u>

Healthcare Partners- 24 hours 797 S. Fair Oaks Avenue Pasadena, CA 91105 626-795-2244 Most insurance accepted. Urgent care, family practice and general medicine.

Magan Medical Clinic-Urgent Care Hours M-F: 8am-8pm, weekends & holidays: 9am-5pm 420 W. Rowland St. Covina, CA 91723 626-331-6411 626-251-1400 (Urgent Care) Most insurance accepted. Urgent care, family practice and general medicine.

Pasadena Community Urgent Care Center (Open 7 days a week, 9am-9pm) operated by the Huntington Medical Foundation 3160 East Del Mar Bl. Pasadena, CA 91107 626-270-2400 Most insurance accepted. Urgent care, family practice and general medicine.

Verdugo Hills Medical Associates M-F: 8am-8pm, weekends: 9am-5pm 544 North Glendale Avenue Glendale, California 91206 818-241-4331 Most insurance accepted. Urgent care, primary care and occupational health.

Emergency Services: Garfield Medical Center 525 N. Garfield Ave. Monterey Park, CA 91754 626-573-2222

Huntington Hospital 100 West California Blvd Pasadena, CA 91105 626-397-5000

LAC-USC Medical Center 2051 Marengo Street Los Angeles, CA 90033 323-409-1000

White Memorial Medical Center 1701 E Cesar E Chavez Ave. Los Angeles, CA 90033 323-268-5000

Methodist Hospital 300 W. Huntington Dr. Arcadia, CA 91007 626-898-8000

Olive View Medical Center 14445 Olive View Drive Sylmar, CA 91342 818-364-1555

San Gabriel Valley Medical Center 438 West Las Tunas Dr. San Gabriel, CA 91776 626-289-5454

#### Psychiatric Urgent Care Centers:

Exodus Recovery Centers Eastside Urgent Care Center Mental Health Urgent Care Center at MLK Medical Center by Exodus (psychiatric urgent care) 323-276-6400 Intake: 800-829-3923 MLK Urgent Care Center: 562-295-4617 MLK Integrated Clinic: 562-295-5916

1920 Marengo Street Los Angeles, CA 90033 12021 South Wilmington Ave. Los Angeles, CA 90059 "The Exodus Recovery 24-hour Psychiatric Urgent Care Center is a welcoming environment where individuals in crisis can be assessed for stabilization services, medication evaluation and management, or hospitalization if necessary. The Urgent Care Center is open and available 24 hours per day, 365 days per year, on a walkin basis.-from Exodus website: web link: https://www.exodusrecovery.com/l-a-eastside-ucc/ **Domestic Violence Resources:** The National Domestic Violence Hotline 800-799-7233 Peace Over Violence (Los Angeles Commission on Assaults Against Women) 626-584-6191, 626-793-3385 (24 hour hotline) **Project Sister** (Sexual assault crisis intervention & counseling services) 909-626-4357 (24 hrs/7days helpline) Pasadena Police-ask for HOPE Unit (For Pasadena residents only who have potential or real violence) 626-744-4501, 800-854-7771 (Other residents) Pasadena YWCA Rape Hotline 888-999-7511 Mental Health Resources (For more resource, please see our Mental Health & Substance Use/Abuse Referrals form): National Suicide Prevention Lifeline (This lifeline is FREE, confidential, and always available. HELP a loved one, a friend, or yourself.) 988 web link: www.suicidepreventionlifeline.org Each Mind Matters: web link: https://takeaction4mh.com/

Your Life Your Voice (crisis line) Connect with counselors thru text (Open 24/7) 800-448-3000 (Open 24/7) Text "VOICE" to "20121" (Open 24/7)

Didi Hirsch Suicide Prevention Center Crisis Line English- and Spanish- speaking crisis counselors: 988 (Open 24/7) Korean-speaking counselors: 877-727-4747 (4:30pm to 12:30am PT, 7 days per week) web link: www.didihirsch.org

Trevor Lifeline (LGBTQ crisis & suicide support 24/7) 866-488-7386 Text "Start" to "678678" web link: https://www.thetrevorproject.org/get-help/